

Southshore Community Directory

Revised January 2021

Initiated by the Regina Beach Age Friendly Community and sponsored by the Town of Regina Beach and the Village of Buena Vista.

Age Friendly Communities is a global movement with a goal of making communities safer, smarter, healthier, happier, more inclusive places for all people of all ages to live and thrive.

For more information on our Age Friendly Community go to www.reginabeach.ca

By Category

Arts and Culture

Aqua Quilters.....	306-729-2775
The Arts Centre	306-729-2335
Donna's Gallery	306-570-2096
Last Mountain Lake Cultural Centre	306-729-4484
Last Mountain Lake Heritage Museum.....	306-729-2671
RB Arts and Craft Assoc.	306-729-2671
Studio Eighty Two Visual & Product Designer	306-519-1342

Auto Repair

Regina Beach Service and Repair	306-729-2787
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Building/Construction/Landscaping

AMK Construction	306-729-2794
Bartlett Construction Ltd.	306-729-2765
The Branch Managers.....	306-201-5730
Brendan's Roof Repair	306-539-8559
Chabot Garage and Door Repair.....	306-527-7805
Countryside Firewood and Lumber	306-731-2925
Day's Landscaping	306-581-7456
Doug Cant Handyman	306-729-2066
Garden Addiction Landscaping.....	306-535-4570
Home Hardware Building Centre.....	306-729-2277
Hunters Construction and Exteriors	306-535-0520
JRA Construction	306-539-0221
Lakeside Tree Service.....	306-591-5941
Last Mountain Timber	306-501-0637
Provista Developments.....	306-737-0581 ext. 3
Snows Yard Crew	306-729-2057
Southshore Bobcat	306-729-2433
Sweet Pea Greenhouse	306-729-2617

Car Wash Service

Regina Beach Esso	306-729-2333
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Catering

Papa Geordies Grocery and Gas Bar.....	306-729-4445
Regina Beach Golf Course and Country Club.....	306-729-4653
Sara's On Centre Bakery / Coffee House / Bistro	306-729-2339
Simple Spoons Nutrition Studio	639-571-8539
The Waterfront Bar and Grill.....	306-729-2020

Cemetery

Town of Regina Beach	306-729-2002
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Child Care

Lori Pollock	306-729-4842
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Churches

Regina Beach United Church	306-729-2083
St. Jerome's Catholic Church	306-731-2454

Dining

Bluebird Cafe	306-729-2385
Esso Gas Station/Convenience Store.....	306-729-2333
Regina Beach Family Restaurant.....	639-663-0202
Regina Beach Golf and Country Club.....	306-729-4653
Regina Beach Yacht Club	306-729-2756 (Membership Only)
Sundae Times	306-550-5633
The Waterfront Bar and Grill.....	306-729-2020

Dog Grooming

Doggie Day's Grooming: Shannon Day	306-531-9959
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Electrical Contractors

Amped Electric	306-552-5000
Gilco Electrical Services	306-539-9631
Southshore Electric	306-737-5293

Facility Rentals

The Arts Centre	306-729-2335
Memorial Hall.....	306-729-2877
Regina Beach Yacht Club	306-729-2461

Regina Beach Golf and Country Club.....	306-729-4653
Last Mountain Lake Cultural Centre	306-729-4484
South Shore Rec. Centre	306-729-2202

Fitness

Local 54 Fitness	306-527-7805
Spices Fitness: Bernadette Nikkar	306-737-2075
Regina Beach Dance Fitness	306-526-9477
Yoga/Aqua Aerobics/Wellness Adrianna.....	306-530-9130

Groceries

Esso Service Station.....	306-729-2333
Papa Geordies Grocery and Gas Bar.....	306-729-4445
Sara's On Centre Bakery / Coffee House / Bistro	306-729-2339

Grooming and Esthetics

Brenda's Family Hair Care.....	306-729-4959
Eden Esthetics	306-537-3699
EDJ Salon	306-270-3256
Heat Waves Hair and Tanning Salon	306-729-4557
Hilltop Hairshop.....	306-729-2340
Pura Vida Hair Co. Krista Durand: Hair	306-729-3737
Jill Sovdi: Esthetics.....	306-729-3737
Paula Grimsrud.....	306-729-3737

Health and Wellness

Alcoholics Anonymous	306-535-0386
.....	306-729-4000
Come To Your Home Care	306-541-9346
Cue 2 Call Foot care by Jacquie	306-537-4492
HealthLine	1-877-800-0002
Lab Services	Wed. 8-12 Walk In
Nurse Practitioner	1-855-766-6399
Public Health Nurse by apt.....	306-766-7500
Regina Beach Pharmacy	639-663-0121
Wellness Warriors	306-501-3820

House Sitting

Tammy Sullivan	306-535-8541
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Insurance

Hordo's Insurance Brokers Inc.....	306-729-3522
Navigate Financial	306-737-0581

Laundry Services

Regina Beach Esso	306-729-2333
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Massage Therapy

Holly Moggey Massage Therapy.....	306-533-8676
Lisa Gawley Long Lake Massage Therapy	306-537-6477
Raina Morrison Massage Therapy.....	306-630-9479

Moving Services

U-Haul	306-729-2333
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Music

Community Music Studios	306-731-7813
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Pest Control

Critter Gitter Wildlife & Pest Control	306-729-4223
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Pet Sitting / Pet Walking

Paws and Claws Pet Service.....	306-531-5535
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Photography

Loralie Hoffort Photography	306-529-1249
Wild Wishes Photography by Krista Hannan	306-737-9282
SLD Photography	306-209-8420

Postal Service

Canada Post.....	306-729-4999
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Realtors

C&C Realty Ltd.....	306-729-2234
Forster Realty Inc.....	306-729-2241

Recreation

Aquatic Adventures	306-537-5867
Elemental Rentals '20 Inc.	306-591-0288
ET Recreational Service	306-729-4227
Leisure Time Club 50+	306-729-2877
Provista Vacation Suites.....	306-737-0581
R Bar B Riding Stables.....	306-729-2218
Regina Beach Golf Course and Country Club.....	306-729-4653
Regina Beach Vacation and Outfitters ..	306-729-2964
Regina Beach Yacht Club Marina	306-729-2461
Saskatchewan Snowmobile Club	306-729-3500
South Shore Shotokan Karate.....	306-519-1324
Southeast Regional Library.....	306-729-2062
South Shore Parks and Recreation	306-729-2202

Rental Properties

Last Mountain Lake Getaway	306-526-4485
Long Lake Lodge	306-737-0581
Provista Properties	306-737-0581

Retail

Funktional Pottery and Studio.....	306-725-1325
Home Hardware Building Centre.....	306-729-2277
Knitting Creations Brenda Knourek	306-541-9346
Regina Beach Farmers Market	306-520-8218
Rudy's Clothing and Home Décor.....	306-729-3335

RV/Boat Storage

RBVC	306-729-2461
Regina Beach RV Storage.....	306-529-2812

Schools

Castles and Dreams Preschool	306-530-9887
South Shore School	306-729-2464

Senior Housing

Long Lake Lodge	306-729-2340
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Septic Haulers

Hyvac	306-729-4140
Long Lake Septic	306-729-4777
Peter's Sewer Service	306-536-4334
Regina Beach Septic	306-539-2180
South Shore Septic	306-539-6550

Service Organizations/Clubs

Regina Beach Age Friendly Community.....	306-737-2720
Regina Beach and District Lions.....	306-729-4428
Regina Beach and District Lioness	306-729-4468

Service Stations

Esso Service Station, Store and Laundry	306-729-2333
Papa Geordies Gas and Grocery	306-729-4445

Tourism

Butlers Trailer Park	306-535-5617
The Happy Camper (RV Campground).....	306-729-2617
Last Mountain Lake Getaway Cabin Rentals.....	306-526-4485
Provista Properties and Vacation Suites	306-737-0581 ext. 2
Regina Beach Vacation and Outfitters ..	306-729-2964
Regina Beach Campground	306-729-2629

Towing

TRK Towing	306-531-8881
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**Emergency Services Call 911
or Lumsden RCMP at 306-731-4270**

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